

PRE BALLET

Encinitas Ballet Academy | 760.632.4947

CURRICULUM

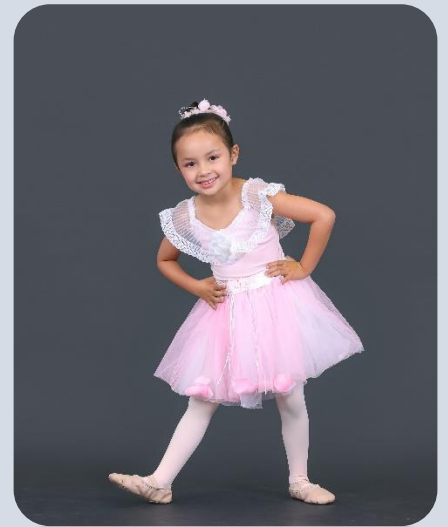


Pre-Ballet Ages 4-7yrs

Our Pre-Ballet courses integrate creative dance with physical education, providing a solid foundation for future ballet training. Studies have shown that this combination positively impacts both the physical and mental development of children, enhancing their coordination, strength, and cognitive skills.

This program is designed to be non-competitive, focusing on making ballet accessible to all students, including our youngest learners.

By fostering an inclusive environment, we ensure that each child has the opportunity to experience the joy of dance while developing essential skills that will support their progression in ballet and other forms of dance education.



- ✓ Pre-Ballet dancers will delight audiences in The Nutcracker each holiday season, bringing joy and magic to the stage.
- ✓ In spring, they will showcase their progress in a special performance, celebrating their growth and love for ballet."